



Welcome to SDC Preschool Program (3-5)

Our programs run on a balance of child chosen and teacher directed activities. Our Preschool program is designed to support your child's academic, emotional, social, and cognitive development in preparation for Kindergarten. We complete a progress report and child assessment twice yearly called an ASQ (ages and stages questionnaire) to ensure your child is on track for Kindergarten. If your child's teacher has concerns regarding your child's developmental progress, we can then give resources/recommendations on additional supports your child may need.

Preschool Curriculum:

- How to identify and recognize/communicate simple emotions
- How to hold a pencil with proper thumb to forefinger technique
- How to count to 50
- How to visually identify numbers 1-10
- What rhyming words are, as well be able to recognize simple rhyming words
- How to Identify/build simple patterns
- The seasons
- What opposite/comparison words are
- How to recognize and identify all shapes
- How to recognize upper/lowercase letters
- How to associate letters with objects (A is for Apple)
- How to cut/glue with purpose unassisted
- Sight words
- How to classify objects based on size/shape/colour
- How to write your first name
- How to draw a picture that describes an idea

What do I need for preschool?

- A lunch with healthy snack options and something tasty for lunch

(Our facility has a fridge for cold storage and a microwave in each classroom. We are a **peanut free** centre, so please pack your lunch with nut alternatives)

- A water bottle labelled with my name
- Indoor shoes labelled with my name (We do not allow croc type shoes for safety purposes)
- Weather appropriate outdoor clothing



- It's snowy outside. I need: A jacket, mittens, winter boots, a warm hat and snow pants.
- It's gloomy outside. I need: A Jacket, mittens, a warm hat, boots, and splash pants.
- It's sunny outside. I need: A sun hat, sunscreen and running shoes.
- An extra pair of clothes. I will participate in messy play and accidents happen. It is always best to be prepared. Please pack: an extra shirt, pair of pants, underwear(if applicable), and socks.
- A backpack to hold my belongings and a place to take home my artwork.

*We highly suggest labelling everything you can, this is the best way to ensure your child's items come home with them. Check out Mable's Labels under our fundraising tab on our website www.sundredaycare.ca for high quality, waterproof, personalised labels.

If I have questions or concerns?

We strongly encourage our teachers to build a relationship with the parents in our centre. If you have questions or concerns regarding your child's day or progress, please speak directly to your child's teacher. If you'd like to arrange a formal meeting with them, you can request a date and time by emailing sundredaycare@gmail.com . Often you can address your child's teacher directly during pick/up or drop off, you can also use our sandbox parent app to send them a message directly at any time. If your questions or concerns cannot be answered by your child's teacher directly, please contact our executive director Miss Soleil through sundredaycare@gmail.com. If you need a quick response, you can also call our cell phone line 403-636-1088 or 587-444-2135 in the case of an emergency. Also feel free to request an in-person meeting or communicate during drop off/pick-up.

If I want to get involved ?

The Sundre Daycare Centre is supported by a governing non-profit board of directors. This team of parents and community members meet regularly, review policies, support the Program Director, and oversee the organisation.If you would like to become a member of the board of directors, please email sdcvkbod@gmail.com